

**Are you caring for someone with a mental illness?
Do you enjoy singing? If so, then this is for you.**

You are warmly invited to join our Carer Choir

**We meet once a week during term time to
sing, connect with other carers and have fun.**



Where: House in the Park, Cnr Stuart St and Illoura Ave, Wahroonga

Time: 5.30pm to 7.00pm

Date: Monday 2nd March 2015, and weekly during term time

Tel: 8599 4855 or email familycarernscc@ucmh.org.au

Cost: \$40 or \$20 concession (covers music costs)

Who: For families and carers of people with a mental illness.

You are most welcome to bring along a friend.

Hosted by UnitingCare Mental Health & Northern Sydney Local Health District

Funded by Partners in Recovery, Sydney North Shore and Beaches

We warmly welcome Naomi Cooper, Choir Director for the Carers Choir

Naomi's passion is to share her love of music, song and harmony and she is thrilled to be working with the Carer's Choir.

Naomi holds a Bachelor of Music with First Class Honours. She is currently undertaking PhD research into the teaching and learning practices of community choirs in Australia. She has presented her research both interstate and internationally and her expertise has been recognised through academic publications in books, journals and conference proceedings. Naomi has directed children's, school, university and community choirs.

She is currently the Director of Music for the New South Wales branch of the Australian Youth Choir and director of primary and secondary choirs at the International Grammar School, Sydney. Naomi is a sessional academic for vocal studies at Macquarie University and for Choir at the University of Western Sydney.

